



St Peter's Catholic School, Winchester
Curriculum for teaching children about keeping safe

Year R	Autumn	Spring	Summer
	<ul style="list-style-type: none"> • Mission statement work • Our Schools Golden Rules • Using the toilets appropriately. • Anti-Bullying week – Discuss with children how to be kind to each other. • Key groups – Often talk about how we are feeling. Children build a good relationship with their key person. • Story time • Classroom reward systems • Firework safety • RSHE sessions – Being kind, respect, sharing, understanding emotions • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg 'I don't like it when..' at assembly. 	<ul style="list-style-type: none"> • School nurse - handwashing • Classroom reward systems • Key groups – Often talk about how we are feeling. Children build a good relationship with their key person. • RSHE sessions – Being kind, respect, sharing. • NSPCC national programme – <i>Speak out- Stay Safe</i> (alternate year programme) 	<ul style="list-style-type: none"> • Classroom reward systems • Key groups – Often talk about how we are feeling. Children build a good relationship with their key person. • RSHE sessions – Being kind, respect, sharing. • Road safety awareness • Transition work to new class / Key Stage • Safeguarding assembly – Water/Sun safety
Year R	<ul style="list-style-type: none"> • Please refer to Relationship, Sex and Health Education (RSHE) annual overview for specifics of Year R 'Keeping Safe' curriculum • Please refer to St Peter's computing curriculum (annual overview) for approach to e-safety 		

	Autumn	Spring	Summer
All of KS1, unless specified.	<ul style="list-style-type: none"> • Mission statement work • Our rights and class rules • ICT user agreement • Phase assemblies on whole school golden rules. • Anti-Bullying week • All class stories • Fire brigade visit – fire safety (Yr2) • RSHE taught • Classroom reward systems • ELSA awareness • Nurture • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when...at assembly • Safety talks before school trips • Regular circle times • Safeguarding assembly 1- fire work safety 	<ul style="list-style-type: none"> • E Safety (including information to parents) • Dentist • School nurse - handwashing • RSHE taught including clean and healthy bodies • Classroom reward systems • ELSA awareness • Nurture • NSPCC national programme –<i>Speak out- Stay Safe</i> (every 3 years programme) • Road safety awareness including Phase assembly lead by JRSOs • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when... at assembly • Safety talks before school trips • Regular circle times safeguarding assembly 2- emotional first aid/talking 	<ul style="list-style-type: none"> • RSHE taught including harmful substances • Weekly follow ups • Classroom reward systems • Walk to school week • Road safety awareness • Phase assembly lead by JRSOs • ELSA awareness • Nurture • Transition to new classes • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when...at assembly • Safety talks before school trips • Regular circle times • Transition work to new class / Key Stage • Safeguarding assembly 3 – water/sun safety
KS1	<ul style="list-style-type: none"> • Please refer to Relationship, Sex and Health Education (RSHE) annual overview for specifics of Year R 'Keeping Safe' curriculum (based on 'Life to the Full' and Coram) • Please refer to St Peter's computing curriculum (annual overview) for approach to e-safety 		

	Autumn	Spring	Summer
All of KS2, unless specified.	<ul style="list-style-type: none"> • Mission statement work • RSHE taught • ICT policy and user agreement – talk through with the children, relevant to their age. E-safety • RE Big Questions eg. Is it ever right to kill? Why does God let bad things happen? • Anti-bullying week – including SLT/ SENCo assembly, individual classworkshops and follow up work in class. • Safeguarding assembly 1- fire work safety • Regular circle times • Our rights and class rules • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when... • Worry box response 	<ul style="list-style-type: none"> • RSHE taught, includes 'bodily autonomy'/consent, first aid • E Safety annual input for children and parents workshop • RE Big Questions • Regular circle times • Internet Safety day/week what does it involve? • SLT safeguarding assembly 2- emotional first aid/talking and roadsafety • Our rights and class rules • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when. • NSPCC national programme – <i>Speak out- Stay Safe</i> (every three years programme) • Worry box response • Swimming (Year 4) 	<ul style="list-style-type: none"> • RSHE taught - relationship – sex education • Regular circle times • SLT assembly – water safety • Safeguarding assembly 3 – water/sun safety • RE Big Questions • Safety talks before school trips, particularly residential • Our rights and class rules • Fortnightly – check that the children know who to talk to and what to do if they have a problem eg I don't like it when... • Transition work to new class / Key Stage / school • Worry box response • Stranger danger assembly • E-safety • Cycling proficiency (Yr 5)
KS2	<ul style="list-style-type: none"> • Please refer to Relationship, Sex and Health Education (RSHE) annual overview for specifics of Year R 'Keeping Safe' curriculum (based on 'Life to the Full' and Coram) • Please refer to St Peter's computing curriculum (annual overview) for approach to e-safety 		

Relationships: Education for children

Relationship Education is becoming statutory for all primary schools in England and Wales from 2020.

'Life to the Full' is a Catholic educational organisation that specialises in providing resources which will meet statutory criteria and support the RSE Policy of the school. It is a fully-resourced programme of study based on "A Model Catholic RSE Curriculum" provided by the Catholic Education Service.

Title	Content
Reception	Whole school, diocesan approved resource 'Life to the Full' from Ten Ten
Year 1	Topics include:
Year 2	<ul style="list-style-type: none">• Religious Understanding
Year 3	<ul style="list-style-type: none">• Me, My Body, My Health
Year 4	<ul style="list-style-type: none">• Emotional Well-Being
Year 5	<ul style="list-style-type: none">• Personal Relationships
Year 6	<ul style="list-style-type: none">• Living in the Wider World
	<ul style="list-style-type: none">• Life Cycles
	<ul style="list-style-type: none">• Keeping Safe (including online)



Subject Overview

Subject: Relationships and Sex Education (RSE)

Subject Leader: Louise Buxton

Whole school using the following programmes:

- **'Life to the Full' Ten Ten Resources**
- **Adapted Coram Life Education: SCARF**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
E-Safety	To ensure version control please refer to school's computing curriculum for E-Safety programme of study					
Ducklings EYFS	The most relevant early years outcomes for RSE are taken from the following areas of learning: <ul style="list-style-type: none"> • Personal, Social and Emotional Development • Physical Development • Understanding the World We will be using 'I am Me' from 'Life to the Full'.					
Year 1	Good secrets and bad secrets Physical contact Keeping safe	Special people Treat Others Well And say sorry Personal relationships	Three in one Who is my neighbour? Religious understanding	Our feelings Thinking about feelings Mental well-being		Let the children come Religious understanding Girls and boys Me, my body, my health
Year 2	How safe would you feel? What should he say? The picnic Keeping safe	Clean and Healthy Me, my body, my health	Let the Children Come Religious understanding	Feelings, likes and dislikes Feelings inside out Super Suzie gets angry	The communities we live in Living in the wider world	I am unique The cycle of life Life Cycles Healthy me I can eat a rainbow Physical health and fitness

				Emotional well-being		
Year 3	Safe in my body Keeping safe	Family, friends and others When things feel bad Personal Relationships	Jesus my friend Religious understanding	Cooking dinner Healthy eating	Poorly! Help or harm? Basic first aid Health and prevention	We don't have to be the same Respecting our bodies
Year 4	In the news Keeping safe	What am I feeling? What am I looking at? I am thankful Emotional well-being	Get up! Religious understanding	Who helps us to stay healthy? Physical health Basic first aid	Know the norms Physical health	What is puberty? Changing bodies Me, my body, my health
Year 5	Sharing isn't always caring Types of abuse Keeping safe	Under pressure Do you want a piece of cake? Self-talk Personal relationships	Calming the storm Religious understanding	Smoking: what is normal? Getting fit Drugs, alcohol and tobacco Basic first aid	Our emotional needs How are they feeling? Mental well-being	Gifts and talents Girls' bodies Boys' bodies Spots and sleep Menstruation Me, my body, my health
Year 6	Seeing stuff online (kept in RSE curriculum due to emotional well-being) Emotional well-being	Seeing stuff online (kept in RSE curriculum due to emotional well-being) Emotional well-being	Calming the storm Religious understanding	What sort of drug is? Drugs: it's the law. Alcohol: what is normal? Drugs, alcohol and tobacco	Five ways to well-being Healthy lifestyle Basic first aid	Body image Peculiar feelings Emotional changes Life cycles Life cycles Making babies (part 1 and 2) Me, my body, my health

