

St Peter's Catholic Primary School, Winchester

PE Curriculum Statement

'Christ at the Centre'

Curriculum Statement

- link with 'Curriculum Approach' document and subject policy

At St Peter's, we place Christ at the centre of all that we do. As a Catholic school, we recognise that every child is uniquely created by God and has the right to flourish in body, mind and spirit. Our Physical Education curriculum contributes to the development of the whole child, nurturing physical, psychological, social and emotional wellbeing alongside the skills, knowledge and values needed to live healthy, active and fulfilling lives.

PE provides opportunities for children to appreciate and celebrate the gifts and abilities God has given them, developing a sense of awe and wonder at the human body and the world around us. Through physical activity, children learn important Christian values including respect, fairness, compassion, teamwork, perseverance and humility.

INTENT

Our PE curriculum aims to inspire every child to develop a lifelong love of physical activity and sport. We want pupils to become physically confident, competent and motivated to be active, while understanding how physical activity contributes to their health and wellbeing.

Our curriculum is designed to:

- Develop competence and confidence across a broad and diverse range of physical activities and sports.
- Develop fundamental movement skills before progressively applying them to specific sports and physical activities.
- Enable children to be physically active for sustained periods and understand the importance of healthy, active lifestyles.
- Provide opportunities for children to compete, collaborate, lead and perform, developing resilience, self-belief and positive attitudes towards challenge.
- Develop values such as fairness, respect, teamwork, determination and sportsmanship.
- Ensure that all pupils are included and able to participate, with activities adapted to meet individual needs and abilities.
- Develop children's knowledge and vocabulary alongside their physical skills.
- Encourage pupils to take responsibility for their own learning by evaluating their performance, recognising successes and identifying ways to improve.
- Provide opportunities for children to experience a wide range of sports and activities so that they can discover interests and talents that may encourage lifelong participation.
- Equip pupils with the knowledge, skills and confidence to make healthy choices and lead independent, healthy and physically active lives.

Our curriculum is underpinned by four key strands:

Move – developing physical competence and the ability to perform and combine movements.

Think – developing understanding of how and why we move, make decisions and improve our performance.

Feel – developing self-belief, resilience, confidence, determination and a positive attitude towards physical activity.

Connect – developing teamwork, communication, leadership, respect and an understanding of the wider social and cultural aspects of sport.

Ultimately, we want every child to leave St Peter's with the confidence and skills to enjoy being active and to recognise physical activity as an important part of a healthy and fulfilling life.

IMPLEMENTATION

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PE Curriculum Statement

Our PE curriculum is carefully sequenced to ensure that children build on prior learning and make meaningful connections as they progress through the school. Teachers use the curriculum map and detailed planning to provide clear progression in knowledge, vocabulary, skills and physical development.

In the Early Years and Key Stage 1, children develop fundamental movement skills, including agility, balance, coordination, throwing, catching, running and jumping. These transferable skills provide the foundations for later learning.

Throughout Key Stage 2, pupils build on these foundations and increasingly apply their skills to a broad range of sports, games and physical activities. They develop more complex techniques, sequences, tactical understanding and decision-making, while having opportunities to collaborate and compete.

Learning is supported through a range of teaching approaches, including:

- Teacher modelling and clear demonstrations.
- Verbal and visual explanations.
- Small-step teaching and opportunities for repetition and practice.
- Individual, paired, small-group and whole-class activities.
- Adaptation and differentiation to ensure all pupils can participate and succeed.
- Extension and additional challenge for pupils who are ready to deepen their learning.
- Opportunities for pupils to coach, lead, officiate and evaluate.
- Application of skills through games, challenges and competition.

Assessment for Learning (AFL) is an integral part of PE. Teachers continually assess pupils' understanding and performance and adapt activities accordingly. For example, if catching is identified as an area for development, additional catching opportunities can be incorporated into lessons and activities adapted to provide appropriate levels of support and challenge.

Teachers are supported in developing their subject knowledge through high-quality planning and resources. These provide clear progression, identify key techniques and break skills into manageable steps. The PE Leader provides ongoing guidance, support and opportunities for professional development.

The learning environment increasingly encourages pupils to become independent and adaptable learners. As children progress through the school, they are given opportunities to modify games, change rules, adapt playing areas and make decisions about how activities can be improved.

The PE Leader monitors the quality and progression of PE through lesson drop-ins, observations, planning reviews and discussions with staff and pupils.

IMPACT

Our PE curriculum is successful when children:

- Are enthusiastic, motivated and actively engaged in PE and physical activity.
- Demonstrate increasing competence and confidence across a broad range of activities.
- Can apply and adapt their skills in different sporting and physical contexts.
- Understand how physical activity contributes to their health and wellbeing.
- Demonstrate resilience, perseverance and a willingness to challenge themselves.
- Work collaboratively and demonstrate respect, fairness and good sportsmanship.
- Can evaluate their own performance and identify ways to improve.
- Have opportunities to compete, lead and support others.
- Understand and use appropriate PE vocabulary.
- Recognise and celebrate their own strengths and those of others.
- Develop positive attitudes towards physical activity that support lifelong participation.

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PE Curriculum Statement

By the end of Year 6, we aim for every pupil to have developed the skills, knowledge, confidence and positive attitudes necessary to lead a healthy, active lifestyle and to participate positively within their community. Most importantly, we want our children to recognise that their bodies are a precious part of God's creation, and through PE to develop gratitude, respect and a sense of awe and wonder for the gifts they have been given.