



## EYFS RSHE Curriculum Overview

### Ten:Ten Resources

| Term     | Module & Unit  | Session Title                                | Session Length                     |
|----------|--|--|------------------------------------|
| Autumn 1 | Welcome to school, making friends, feeling safe in our learning spaces |  |                                    |
| Autumn 2 | EYFS Module 1, Unit 1  | Story Sessions: Handmade with love           | 5 x 15 minute sessions over 5 days |
|          | EYFS Module 1, Unit 2  | Session 1 : I Am Me                          | 15 mins                            |
|          |  | Session 2 : Heads, Shoulders, Knees and Toes | 15 mins                            |
|          |  | Session 3: Ready Teddy?                      | 15 mins                            |
| Spring 1 | EYFS Module 1, Unit 3  | Session1: I Like, You Like, We All Like!     | 15 mins                            |
|          |  | Session 2: Good Feelings, Bad Feelings       | 15 mins                            |
|          |  | Session 3: Let's Get Real                    | 15 mins                            |
| Spring 2 | EYFS Module 1, Unit 4  | Session 1: Growing Up                        | 15 mins                            |
|          | EYFS Module 2 Unit 1   | Session 1: Role Model part 1 and part 2      | 2 x 15mins                         |
| Summer 1 | EYFS Module 2, Unit 2  | Session 1: Who's Who?                        | 15 mins                            |
|          |  | Session 2: You've Got a Friend in Me         | 15 mins                            |
|          |  | Session 3: Forever Friends                   | 15 mins                            |
| Summer 2 | EYFS Module 2, Unit 3  | Session 1: What is the Internet?             | 15 mins                            |
|          |  | Session 2: Playing Online                    | 15 mins                            |

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| Summer 2   | EYFS Module 2, Unit 4 | Session 1: Safe Inside and Out part 1 and part 2<br>Session 2: My Body, My Rules<br>Session 3: Feeling Poorly<br>Session 4: People Who Help Us | 2 x 15 mins<br><br>15 mins |
| Note - part of our Sexual Education Curriculum, to be taught after 6 June, parent letter to be sent out first. |                       |  |                            |