



KS1 Year 1 & 2 RSHE Curriculum Overview

Ten:Ten Resources

Term	Module & Unit	Session Title	Session Length
Autumn 1	Classroom rules/ contract/ boundaries Circle time –getting to know each other E-safety – see e-safety provision curriculum Coram – Keeping Safe		
Autumn 2	KS1 Module 1, Unit 1	Story Sessions: Let the Children Come	5 x 15 minute sessions over 5 days
	KS1 Module 1, Unit 2	Session 1 : I Am Unique	30 mins
		Session 2 : Girls and Boys V1 (not genitalia)	30 - 40 mins
		Session 3 & 4 : Clean and Healthy (My Body)	2 x 30 mins
Spring 1	KS1 Module 1, Unit 3	Session1: Feelings, Likes, Dislikes	40 mins
		Session 2: Feeling Inside Out	30 mins
		Session 3: Super Susie Gets Angry	40 mins (2 sessions)
	KS1 Module 1, Unit 4	Session1: The Cycle of Life	30 mins (2 sessions)
		(Session 2: A Time for Everything – not yet available)	
Spring 2	KS1 Module 2, Unit 1	Session 1: God Loves You	40 mins
	KS1 Module 2, Unit 2	Session 1: Special People	30 mins
		Session 2 : Treat Others Well...	35 mins
		Session 3: ...and Say Sorry	30 mins

Summer 1	KS1 Module 2, Unit 3	Session 1: Real Life Online	35 mins
		Session 2: Rules to Help Us	35 mins
	KS1 Module 2, Unit 4	Session 1: Good and Bad Secrets	30 mins
		Session 3: Harmful Substances	35 mins
		Session 4: Can You Help Me? (Part 1)	35 mins
		Session 5: Can you Help Me? (Part 2)	35 mins
		35 mins	
Summer 2	KS1 Module 3, Unit 1	Session 1: Three In One	25 mins
		Session 2: Who is My Neighbour?	30 mins
	KS1 Module 2, Unit 4	Session 2: Physical Contact (NSPCC Pants)	45 mins or 2 x 25 mins
	KS1 Module 3, Unit 2	Session 1: The Communities We Live in	35 mins
Note - part of our Sexual Education Curriculum, to be taught after 6 June, parent letter to be sent out first.			