



KS2 Years 5 & 6 RSHE Curriculum Overview

Ten:Ten Resources

Term	Module & Unit	Session Title	Session Length
Autumn 1	Classroom rules/ contract/ boundaries Circle time –getting to know each other E-safety – see e-safety provision curriculum Coram – Keeping Safe		
Autumn 2	UKS2 Module 1, Unit 1 UKS2 Module 2, Unit 3	Story Sessions: Calming the Storm Session 1: Sharing Isn't Always Caring Session 2: Cyber bullying Session 3: Types of Abuse Session 4: Impacted Lifestyles Session 5: Making Good Choices Session 6: Giving Assistance	5 x 15 minute sessions over 5 days 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins
Spring 1	UKS2 Module 2, Unit 1 UKS2 Module 2, Unit 2	Session 1: Is God Calling You? Session 1: Under Pressure Session 2: Do You Want A Piece of Cake? Session 3: Self-Talk Session 4: Build Others Up (Year 6)	45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins
Spring 2	UKS2 Module 3, Unit 1	Session 1: The Trinity	45 – 60 mins

	UKS2 Module 3, Unit 2	Session 2: Catholic Social Teaching Session 1: Reaching Out	45 – 60 mins 45 – 60 mins
Summer 1	UKS2 Module 1, Unit 3	Session 1: Body Image Session 2: Peculiar Feelings Session 3: Emotional Changes Session 4: Seeing Stuff Online	45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins
Summer 2	UKS2 Module 1, Unit 2 UKS2 Module 1, Unit 4	Session 1: Gifts and Talents Session 2: Girls' Bodies Session 3: Boys' Bodies Session 4: Spots and Sleep Session 3: Safe In My Body Session 1: Making Babies (Part 1) (Year 6) Session 2: Making Babies (Part 2) - may be omitted to be set as homework Session 3: Menstruation	45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins 45 – 60 mins
Note - part of our Sexual Education Curriculum, to be taught after 6 June, parent letter to be sent out first.			