

St. Peter's Catholic Primary School

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'Christ at the Centre'



Head Teacher: Miss Louise Buxton

Dear Parents and Carers, Year 1

As part of our statutory 'Relationships and Health Education' curriculum, the children will be learning about some of the differences between boys' and girls' bodies in their RSHE lesson during the fortnight starting 9TH June 2025. You do not need to do anything, but I wanted you to be aware that the lesson is taking place in case any follow-up questions arise.

The lesson content for this session is outlined in more detail below.

Session	Lesson Content:	Learning Intention:
1	Children will hear and experience the Gospel story of Jesus welcoming little children to Him in spite of others telling them to stay away. The story will be repeated in various ways, and through times of discussion, imaginative reflection and creative response, children will learn that they are created by God out of love and for love.	<p>Children will know that:</p> <ul style="list-style-type: none"> We are created individually by God God wants us to talk to Him often through the day and treat Him as our best friend God has created us, His children, to know, love and serve Him in this life and forever – this is our purpose and goal and will bring us true happiness We are created as a unity of body, mind and spirit: who we are matters and what we do matters We can give thanks to God in different ways
2	This session is all about celebrating our God-given bodies and the things they enable us to do! In an age-appropriate way, children will be encouraged to notice similarities and celebrate differences between girls and boys on physical, emotional and spiritual levels.	<p>Children will know:</p> <ul style="list-style-type: none"> Our bodies are good; The names of the parts of our bodies (please refer to the Module Overview for important guidance on discussing genitalia); That girls and boys have been created by God to be both similar and different and together make up the

		richness of the human family.
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There are also some great online resources created by the NSPCC that further support the message that our private parts are private. The NSPCC have created an online resource for parents along with a downloadable guide should you wish to discuss and reinforce this message with your child before or after their lesson in school:

- <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>
- <https://www.nspcc.org.uk/globalassets/documents/advice-and-info/pants/pants-2018/pants-parents-guide-online.pdf>
- <https://www.youtube.com/watch?v=-lL07JOGU5o&app=desktop>

Please do not hesitate to contact me if you have any questions.

Best wishes

Louise Buxton