

# Families of Faith

✝ MAY ✝

## Prayer Corner



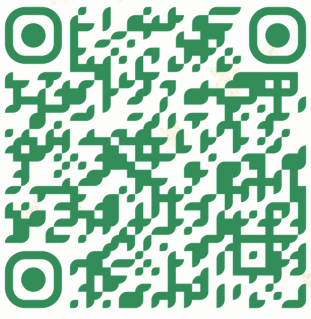
Prayers and music to consider for Mary and the month of May:

The Magnificat

Salve Regina

Hail Mary

Worship Songs



## Saints to Inspire



### 22<sup>nd</sup> May - St Rita of Cascia

Saint Rita was born in Italy; her name means "pearl." As a child she wanted to become a nun, but her parents arranged her marriage at twelve to a man who was unkind. Through patience, prayer, and kindness, she helped him become gentler. After his death, she joined the Augustinian convent. Around 1422, a thorn from Christ's crown appeared on her forehead and remained until her death. One winter, a red rose bloomed in the garden - seen as a sign of God's love for her. She is known as the patron saint of impossible situations, especially in family life.

Family talk and challenge time:

- Why might she be holding a rose?
- Why do you think she is a patron saint of peace and protection?

Challenge:

Can you write a family prayer to St Rita?

## Family Faith in Action

### World Fair Trade Day - 14<sup>th</sup> May:

'Do for others what you would want them to do for you.' (Matthew 7:12)

Make a point of buying a fair-trade product this week.

### Friendship Fun Day - 20<sup>th</sup> May:

Make a point of talking to someone new.

### Deaf Awareness Week - 4-10 May:

Teach your parents Makaton or BSL Hail Mary

### Mental Health Awareness Week - 11<sup>th</sup> - 17<sup>th</sup> May:

'Leave all your worries with him, because he cares for you.' (1 Peter 5:7)

Share a positive affirmation or a simple action of kindness with someone.

## Good News from the Gospel



### Sunday 3<sup>rd</sup> May - Fifth Sunday of Easter

Following Jesus is a way to a place in God's house.

### Sunday 10<sup>th</sup> May - Sixth Sunday of Easter

By following his commandments, we show love to God.

### Thursday 14<sup>th</sup> May - Feast of the Ascension

We must follow God's commandments and make disciples of all nations.

### Sunday 17<sup>th</sup> May - Seventh Sunday of Easter

We are protected and united as a community because Jesus prays for us.

### Sunday 24<sup>th</sup> May - Pentecost Sunday

Forgive others with the help of the Holy Spirit.

### Sunday 31<sup>st</sup> May - Holy Trinity

Our world is saved because God sent his son.

World Fair Trade Day - 14<sup>th</sup> May



Friendship Fun Day - 20<sup>th</sup> May



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